



# Public Health

September 22, 2021

## Re: COVID precaution notification at Dalhousie University – Wallace McCain Learning Commons

Public Health is investigating a confirmed case of COVID-19 in the community. Based on our findings, **you may have had a community exposure to COVID-19 at Dalhousie University – Wallace McCain Learning Commons on September 20th between 4:00 p.m. and 5:00 p.m.**

Public Health will only follow-up directly with close contacts that are determined through our investigation. At this time, you are not considered a close contact. However, **Public Health requires anyone who has had an exposure to COVID-19 to follow the instructions below based on your COVID-19 vaccination status:**

**If you are fully vaccinated** (your second dose of COVID-19 vaccine was 14 or more days before the date of the exposure):

- **You are NOT required to self-isolate or to be tested, unless you develop symptoms.**
- Self-monitor for symptoms of COVID-19 for 14 days from the exposure until October 4th. Symptoms include a new or worsening cough, or two or more of the following: fever (i.e. chills, sweats), shortness of breath, sore throat, runny nose/nasal congestion, or headache.
- Anyone who develops symptoms is required to self-isolate, book a COVID-19 test, and stay isolated until you receive a negative test result.

**If you are not fully vaccinated** (you have only had one dose of COVID-19 vaccine or have not received any COVID-19 vaccine) you are at risk of contracting COVID-19 and are required to do the following:

- **You do NOT need to isolate, unless you develop symptoms.**
- **We strongly recommend you get a PCR test at least 72 hours after the exposure** whether or not you have symptoms (please do not go to a rapid testing site).
- Self-monitor for symptoms of COVID-19 for 14 days from the exposure until October 4th. Symptoms include a new or worsening cough, or two or more of the following: fever (i.e. chills, sweats), shortness of breath, sore throat, runny nose/nasal congestion, or headache.
- Anyone who develops symptoms is required to self-isolate, book a COVID-19 test, and stay isolated until you receive a negative test result.

For those who require COVID-19 testing, visit <https://covid-self-assessment.novascotia.ca/en> or call **811** if you don't have online access or if you have other symptoms that concern you.

We encourage all eligible Nova Scotians to get fully vaccinated as soon as possible. To book an appointment, visit <https://novascotia.ca/coronavirus/book-your-vaccination-appointment/> or call (toll-free) 1-833-797-7772.

Thank you for your cooperation,

Public Health, Nova Scotia Health